

The Ten Commandments

Good News Translation

God spoke, and these were his words: “I am the Lord your God who brought you out of Egypt, where you were slaves.

1. Worship no god but me.
2. Do not make for yourselves images of anything in heaven or on earth or in the water under the earth. Do not bow down to any idol or worship it, because I am the Lord your God and I tolerate no rivals. I bring punishment on those who hate me and on their descendants down to the third and fourth generation. But I show my love to thousands of generations of those who love me and obey my laws.
3. Do not use my name for evil purposes, for I, the Lord your God, will punish anyone who misuses my name.
4. Observe the Sabbath and keep it holy. You have six days in which to do your work, but the seventh day is a day of rest dedicated to me. On that day no one is to work—neither you, your children, your slaves, your animals, nor the foreigners who live in your country. In six days I, the Lord, made the earth, the sky, the seas, and everything in them, but on the seventh day I rested. That is why I, the Lord, blessed the Sabbath and made it holy.
5. Respect your father and your mother, so that you may live a long time in the land that I am giving you.
6. Do not commit murder.
7. Do not commit adultery.
8. Do not steal.
9. Do not accuse anyone falsely.
10. Do not desire another man's house; do not desire his wife, his slaves, his cattle, his donkeys, or anything else that he owns.